



CAMP PRINGLE CHEFS' SPRING RECIPE

Camp Pringle's Chefs Sean Lee and Duncan Whiskin will be preparing your meals this season. Everyone loves soup on a rainy spring day! Let's zest it up with some Tom Ka Gai (Coconut Chicken Soup) simple and delicious! Prep Time: 15mins • Cook Time - 20 mins

Ingredients

- 3/4 pound boneless, skinless chicken meat
- 3 tablespoons vegetable oil
- 2 (14 ounces) cans coconut milk
- 2 cups water
- 2 tablespoons minced fresh ginger root
- 4 tablespoons fish sauce
- 1/4 cup fresh lime juice
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon ground turmeric
- 2 tablespoons thinly sliced green onion
- 1 tablespoon chopped fresh cilantro



Directions

1. Cut chicken into thin strips and saute in oil for 2 to 3 minutes until the chicken turns white.
2. In a pot, bring coconut milk and water to a boil. Reduce heat. Add ginger, fish sauce, lime juice, cayenne powder and turmeric. Simmer until the chicken is done – 10 to 15 minutes.
3. Sprinkle with scallions and fresh cilantro, and serve steaming hot.

SUMMER VOLUNTEERS NEEDED

We are still looking for some volunteer camp parents, please contact the office if you are interested. We also need youth aged 17+ as program leaders. Why volunteer? For "An experience that keeps bringing volunteers back year after year!" For more information please call the Camp office at 250-743-2189. To register as a volunteer visit www.camppringle.com/camp/paid-volunteer-vacancies-2018/.

CAMP PRINGLE CAMPSHIPS

Camp Pringle strongly believes that camp should be for everyone, so if cost is a concern, please apply for a Camp Bursary. Our Bursary Policy has been renewed, please read about the changes in the "Prepare for Camp" section of CampPringle.com. Don't delay – register for your favourite camps today!

FAITH PROGRAM



Camp Pringle's continual mission to bring Christianity to the work we do has evolved into a shared partnership with Sylvan United Church. Camp Pringle and Sylvan United shared Minister, Katherine Brittain will be facilitating programs year round.

Camp Pringle's United Church Faith Program offers year round faith programming including church staff workshops, ministry retreats, ministry workshops, congregational camps, inter-congregational camps, lay-leaders workshops, worship, mediation, retreat, workshops, speakers, conferences, youth faith based workshops, and camp programming.

2019 CAMP FAITH PROGRAM EVENTS

UVIC United Church Ministry • Meditation Retreat	Jan. 18-20
Duncan United Church	Feb. 22-24
First Met United Church Family Camp	June 21-23
United Church Women's Group • Women's "Day Apart"	June 27
United Church Ministers' Family Camp	Sept. 20-22
UVIC United Church Ministry • Meditation Retreat	Sept. 20-22

Please contact the Camp Office at 250-743-2189 for more information regarding our faith programming.

YOUTH LEADERSHIP (15-17 YRS.) CAMPS FOR 2019

If you are 16 years old, please apply for our Counsellor-In-Training (CIT) program and work along staff all summer long.

Thank You for Supporting Camp Pringle

Camp Pringle exists to provide opportunities for campers of all ages to experience God's love in a close relationship with other people and the natural environment. At Camp Pringle we model ourselves on the Missionary work of George Pringle Senior himself – meeting youth wherever they are at in their spiritual journey and opening their life to new experiences through the words and actions of our staff. We are part of the United Church of Canada, and believe in our mission; we hope you do as well.

Every year we operate summer camps at a loss in order to help more kids experience the wonder of camp. We make up some of that loss through our

winter rentals, but rely on our supporters to help us keep up with the operational requirements, capital improvements and bursary funding to allow summer camp to happen. Donations are an increasingly important component of Camp Pringle's overall budget and your contributions to our 2018 campaign brought Camp a much-needed \$16,250.

You can donate to our spring campaign using the form below, by contacting the camp office, or through Canada Helps at CanadaHelps.org.



Yes, I'll help give a week that lasts a lifetime.

I wish to support **Camp Pringle** in the amount of:

- \$20 \$50 \$100 other \$ _____

Donor Information:

Name _____

Address _____

Telephone _____

Email _____

PAYMENT

Please charge my

Card Number _____ Expiry _____

Signature _____ Date _____

Please find a cheque made payable to: **Camp Pringle**

Send this form to:

Camp Pringle
2520 West Shawnigan Lake Road, Shawnigan Lake, BC, V0R 2W3

By providing your email address you are agreeing to receive emails from Camp Pringle. These may include e-newsletters, event invites, promotions and requests for support. You will receive an official income tax receipt for your gift of \$20 or more, unless otherwise requested.

CONTACT US

George Pringle Memorial Camp
2520 W. Shawnigan Lake Road
Shawnigan Lake, BC, V0R 2W3
Phone: 250-743-2189

Kezia Cowtan, Camp Director
director@camppringle.com
250-743-2189

Registrar
registrar@camppringle.com
250-743-2189

Claire Friedrich, Rental Coordinator
rentals@camppringle.com
250-743-2189

George Pringle Memorial Camp
The Victoria Office is closed as of Jan. 1, 2016.

Want to keep in touch with the comings and goings of camp? Check out our Facebook Page or follow us on Twitter!